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A Note from Christopher Robin to Pooh

Christopher Robin to Pooh:

Promise me you'll always remember: You're braver than you believe, and stronger than you think you are, and smarter than you think.

I remember way back as a younger I used to dream BIG dreams. Impossible dreams. Though I never once thought they were "impossible" way back then because, as a youngster, everything seems possible. Didn't it?

Then as we grew older and had time to experience a few set backs, a few disappointment, and have entertained more than our fair share of dream stealers (you know, those people who insist you CAN'T) - somewhere along the line we stopped dreaming big and, instead, starting settling for what we thought we COULD accomplish or what we felt we DESERVED.

It's tragic. Because if you have ever succeeded at doing anything well... then you have everything you need to succeed at ANYTHING well... except the belief that **you still can** make wonderful things happen.

So here's my thought. Take a few minutes out of your day to dream BIG once again.

Divide your life up into areas important to you. For example:

- Financial Goals
- Family & Relationships, and
- Spiritual Development

Have a heart-to-heart conversation with yourself and discover, once again, where you would like to be - if a lack of money, time, skill, AND belief were not an issue - where you would like to be in each of these areas. How would you LIKE your life to look? What would a perfect day consist of? Where would you find yourself? Who would you be hanging out with? Where would you be hanging out?

Take notes and jot your dreams down. Play with them and flesh them out a little bit each day.

Give yourself PERMISSION to dream big and design - if only on paper and in your imagination - your perfect life.

Because it is only AFTER you know where you are going that you'll be able to set in motion the things that can take you there. So begin by dreaming and always remember:

You're braver than you believe, and stronger than you think you are, and smarter than you think.